



Photograph courtesy of Brenda Langton

Welcome to our FEBRUARY 2025 edition.

May we wish you a happy and safe 2025. Welcome to this edition of the Bugle. We try to circulate the Bugle, and also periodic Stow updates, via email as well as publishing it on our Parish website and on the Stow Community and Event page on Facebook. If you did not receive this directly and would like to be on our mailing list, please send your name and email address to Clare, who has kindly agreed to manage it for us, on stovvillage@outlook.com

Please circulate the Bugle to anyone you know in the Stow area and, if you know someone who does not have access to a computer, please print them off a copy. There will be a copy placed on the Stow village noticeboard, in St Mary's and on the Parish Council website.

If you know of someone new who has moved into the Parish (Stow, Normanby, Coates and the surrounding rural area), please let the Parish Clerk know on stowparishclerk@gmail.com and we will arrange to deliver a Welcome Pack to them. Since we introduced the Welcome Pack in March 2021, we have welcomed 38 new households.

In this edition:

- Parish Council Meetings and website
- Post Office opening times
- Mobile Library
- Getting to know your Parish Council
- New bins on walk
- Breakfast Club
- WI
- Cottam chimney!
- Community Hub and Winter Warmer
- Roadworks
- Christmas celebrations
- Chat and craft group
- Age Matters
- Talk Night – Stow Fun Raisers
- Lindsey Gardening Association
- History Society
- Monthly Market
- What's On
- Contacting the Parish Clerk

STOW BUGLE

THE NEWSLETTER FOR THE RESIDENTS OF STOW PARISH

Stow, Normanby by Stow, Coates by Stow, and the surrounding rural area.

PARISH COUNCIL MEETINGS

All residents of Stow Parish are welcome to attend the meetings, which are now being held on Thursday evenings at the Cross Keys.

The next meeting will be:

Thurs 6th March at The Cross Keys 7p.m.

John Martinson and Kerry Leach have been co-opted onto the Parish Council.

Dates of meetings for the rest of the year will be decided at the March meeting. The agenda and draft minutes are posted on our website and Facebook and copies of the agenda will also be on the village noticeboard and in St Mary's near the Post Office.

Members of the public are welcome to attend.

The Stow Parish Council (SPC) website, including a link to all West Lindsey Planning Applications, can be found at: <https://stow.parish.lincolnshire.gov.uk>

POST OFFICE

THE POST OFFICE IS IN ST MARY'S, BEHIND THE ORGAN. IT IS USUALLY OPEN:

Monday 09.30 – 12.30

Tuesday 13.30 – 16.30

Thursday 09.30 – 12.30

For your Post Office needs plus a small selection of groceries, and newspapers.

The **Mobile library** calls in the village on a monthly basis at 1pm – 1.45pm, stopping on Ingham Road by South Drive. It will be in Stow on the following date: 12th February, 12th March, 9th April, 7th May, 4th June, 2nd and 30th July, 27th August, 24th September, 22nd October, 19th November and 17th December 2025.

Contact 01522 782010 for more information.

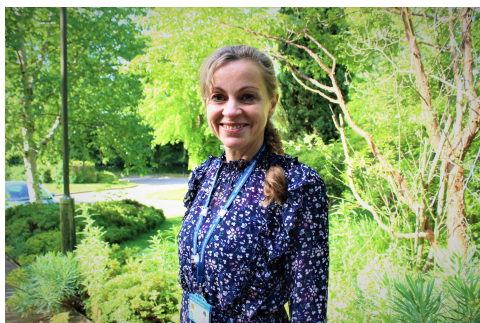
Getting to know Stow Parish Council members

Stow PC would like to introduce local residents to its members over the next few Bugle publications. There are seven Councillors (all volunteers), and one Clerk. Below is an introduction to the Chairperson, Vice Chair & Clerk. Please say hello if you see us around in the village:



Councillor Jonty Waudby (Chair)

I am a local young farmer and the Chair of Stow Parish Council. Growing up on my family’s farm with my younger brother I have developed a knowledge and passion for the land, with a focus on regenerative practices that support biodiversity and soil health. I am an advocate for rural issues, support local businesses, and work to improve infrastructure and services for our community. I am driven by a strong sense of responsibility to both the land and the people who depend on it. Balancing the demands of busy farming life, I am determined to ensure that rural voices are heard in the decision-making processes.



Cllr. Rebecca Arden (Vice Chair)

I have called Stow and its surrounding areas home for nearly 30 years. With a full-time career in the NHS, I also contribute to the community as a school governor and a member of several advisory panels.



Nicola Culliford (Clerk)

I joined Stow PC in November 2024 to support the administration of council business including maintenance of Stow PC website and organisation of our bi-monthly meetings, all of which are open to local residents.

Improving road safety within Stow

The three speed indicator signs on approaches to Stow have been upgraded to solar power. These signs highlight to drivers when they are exceeding the speed limit & appear to have some impact on reducing vehicle speed. Over the next month additional speed reminder signs will be placed in key areas to encourage drivers to adhere to the speed limits.



Posted by Kerry Leach:

“Just to let any dog walkers know who do the Green Lane/Coates/Normanby flat tops walk, there are now 2 new dog poo bins on that route. With many thanks to Cllr Lynda Mullally and her contacts at WLDC.” Our thanks also to Simon Smoothery at West Lindsey.

VERY USEFUL INFORMATION FOR 2025

Some years ago when walking round our village it struck me we had quite a few men facing life on their own. I didn't think this was a good situation, in my experience women in this position quickly formed groups to help each other and created new friendships.

In light of the attention paid in recent times to men's mental health I wondered what could be done for the men. Not wanting to re-invent the wheel, Breakfast Clubs were the answer for an immediate effect without any great investment other than people and a little organisation.

Sending my local male friends (attached and unattached) in the village an email asking if they were interested in the idea, was a good start. The response was good and we had the beginning of a monthly breakfast club.

A number of contacts were in Sturton so that was a good place to kick-off. There were about six for the first sitting then eight for the next month, it eventually grew to twelve. I think we hit as many as fifteen on a good day (and made quite a lot of noise as well). All seemed to be going fine, then BINGO! The pandemic Covid struck. What followed was two years of not a lot, all possibility of resuming the club were put on hold, so as soon as was possible I tried to revive the Breakfast Club, and the Cross Keys came to our rescue.

Well, the world is still a bit turbulent with wars and shortages, but the Breakfast Club survives. I would like to take this opportunity to invite any men who would like to join us on the first Saturday in every month, 9.30 for 10am, for a social get together over a good meal.

Please get in touch with me just so we know how many of us there are likely to be so I can warn the chef. He needs a head start!

Doug 07717 338 766

Cottam chimney - planned demolition - 20th March
 Advance notice that you might hear and feel a rumble when the main chimney is blown up.

COMMUNITY HUB AND WINTER WARMER

Join us for a weekly warm welcome, where you can enjoy a hot meal, a comforting cup of tea, and connect meaningfully with others in a relaxed and friendly setting.

Sturton by Stow Village Hall LN1 2AX
 every Monday starting 18 November 12 midday until 3pm

Saxilby Village Hall LN1 2HA
 every Wednesday starting 27 November 10.30am until 1.30pm

The Bridge Learning Centre DN21 1LP
 every Sunday from 24 November 10am until 1pm

Gainsborough Uphill Community Centre DN21 1NJ
 every Monday from 18 November 12midday until 3pm

For More Information
<https://cliplearning.com/ourprogrammes/clips-warm-space-initiative/>
 Call Us 01427 677377

NHS Lincolnshire Integrated Care Board
 Lincolnshire Community Mental Health & Wellbeing Transformation

Wellbeing walk 11-12 on first and third Monday of each month starting and finishing at the Village Hall.



Happy New Year

We hope you all had a wonderful Christmas.

We have received a lovely letter from St Barnabas Hospice thanking us for our donation from money raised at the September Fashion Show. Thank you to all that attended as this enables us to support local charities.

All WI events, speakers and workshops can be attended by non-members. The WI notice board inside the village hall is showcasing the events and future projects.

The WI offers women the opportunity to make new friends, learn new skills and campaign on wide-ranging issues. If you are interested in joining us please contact secretary Maria Scott – 01427 787062, or just come along to one of our meetings held in the Village Hall the second Tuesday in the month at 7:00 for 7:30pm. We also have a less formal coffee morning in the Cross Keys in Stow where a few of us meet on the first Friday of the month 10am till 12pm.

Lyndy Fillingham, Media Officer, Sturton by Stow Swans

Roadworks:

10-11 Feb traffic lights on Sturton Road near the Mere/ Grayfox Pools - highway signage maintenance

14 Feb 10pm to 15th 6am Marton Road closed at the railway crossing

17-21 March Church Road (northern part) closed for highway maintenance.

CHRISTMAS CELEBRATIONS

Thanks once again to Limestone Farming for provision of the Christmas Tree and to the volunteers in the village who helped put it up and decorated it. It looked great.

Thanks also to Stow Fun Raisers who organized the carol singing and who commented: "Thank you to everyone who joined us last night for Carols round the tree followed by mince pies and hot drinks in the Cross Keys beer garden with singing from Kate and Pete! A lovely village event as always and fab listening to the church bells stood around the fire pit keeping warm We raised £200 for St Barnabas Hospice after the committee decided to top up the funds a little."



Craft & chat group

Community Room, Ingham Village Hall
7-9pm
Tea, coffee & biscuits included £2.
Everyone welcome whatever your craft or ability or just require help, between us I'm sure someone can.
It's been 12 months since it all began!
Every 2nd & 4th Thursday
Next one booked for 13th February
Need a lift? Ring Hilary 07745 833383 or Margaret 07976 847201
See you there!



Join us for our Information Fair on 'Age Matters'

Free tombola and refreshments - all welcome!

**What's important to you to age well?
Find out more about:**

- Slips, trips and falls advice
- Safety in your home
- Aches and pains
- Hearing and sight
- Cost of Living advice



Learn about what is available in your area!



Information talks and taster exercise classes during the day:



- Avoiding scams and fraud
- Energy efficiency
- Memory care – Dementia care packs
- Strength and mobility seated taster sessions
- Creating healthy habits



Date & Time: Thursday 13th March 2025
- 10:00am - 2:00pm



Location: Saxilby Village Hall, LN1 2HA

STOW FUN RAISERS

Present by popular demand

7pm Saturday 22nd February

HMS Glamorgan- a crew member's story – the only ship to survive an Exocet strike 1982.

***Tickets £10 (includes a buffet)
from The Cross Keys 01427 788314**

Arrive 7pm
Talk 7.30 – 8.30pm
Buffet 8.30pm
Talk resumes 9-9.45pm

*** Tickets nearly sold out so you need to be quick to avoid disappointment**



**LINDSEY GARDENING ASSOCIATION
FEBRUARY'S MONTHLY MEETING.**

'Behind the scenes as a RHS Judge'

Presented by Martin Fish, horticultural expert, garden writer and broadcaster.



**THURSDAY 27th FEBRUARY
IN**

**SAXILBY VILLAGE HALL LOUNGE
@ 7-30 pm**

Entry for Members £1.00
Entry for Visitors £3.00

Ever wondered how the prestigious 'Gold' medal is awarded? Martin takes you behind the scenes at Chelsea and other flower shows.

NEW MEMBERS VERY WELCOME

To join our friendly club.

(For further details contact P. Kempton 01522 702533.)

The History Society will not resume meetings until March but here are the details of the first meeting-

Wednesday March 19th at 7.30pm -
History Mystery with Sam Millard. Sturton Village Hall.



**Monthly Market
Table Top Sale
& Coffee Morning
Saturday 1st February
10am – 11.45am**



**Call in for a chat, cuppa and bacon roll.
Look through the books, bric a brac etc
from the table top sales.
Free entry & free cash prize draw –
worth £20.**

Still spaces left. Whether emptying your loft or garage, had a winter sort out, been busy crafting, selling for a charity, why not have a stall. No charge this month. To book a stall contact: johnleggott@btinternet.com or 07484 346094
Facebook: Sturton-by-Stow Village Hall www.sturtonbystowvillagehall.co.uk

Registered Charity No 51268

...and each month on the first Saturday.

WHAT'S ON IN FEBRUARY AND MARCH

1 st February	Breakfast Club. Cross Keys. 9.30am
1 st February	Sturton Market 10-11.45 VH
3 rd February	Wellbeing walk 11-12 VH followed by Sturton Community Hub and winter warmer 12-3pm
10 th February	Sturton Community Hub and winter warmer 12-3 VH
11 th February	WI 7pm VH
12 th February	Mobile Library 1-1.45pm Ingham Road
13 th February	Craft and Chat, Ingham Village Hall 7-9pm
17 th February	Wellbeing walk 11-12 VH followed by Sturton Community Hub and winter warmer 12-3 VH.
22 nd February	Stow Fun Raisers Talk Night @ The Cross Keys
24 th February	Sturton Community Hub 12-3 VH
27 th February	Craft and Chat. Ingham. 7-9pm
1 st March	Breakfast Club. Cross Keys. 9.30am.
1 st March	Sturton Market. 10-11.45. VH.
3 rd March	Wellbeing walk 11-12 VH followed by Sturton Community Hub and winter warmer 12-3 VH
6 th March	7pm Stow Parish Council, The Cross Keys.
6 th March	Craft and Chat. Ingham. 7-9pm.
10 th March	Sturton Community Hub 12-3 VH
11 th March	WI AGM. 7pm VH
12 th March	Mobile Library. 1-1.45pm. Ingham Road.
13 th March	Age Matters Information Fair run by Trent Care Network and NHS. 10- 2pm. Saxilby VH.
17 th March	Wellbeing walk 11-12 VH followed by Sturton Community Hub and winter warmer 12-3 VH
19 th March	History Mystery with Sam Mallard. History Society. 7.30pm. Sturton VH.
20 th March	Craft and Chat. Ingham. 7-9pm
24 th March	Sturton Community Hub 12-3 VH
31 st March	Sturton Community Hub 12-3 VH
Dates for the diary:	
6 th April (provisional)	Stow Litter Pick
27 th April	Car Treasure Hunt

Contact Stow Parish Clerk on
stowparishclerk@gmail.com